



2022 NL Breast Cancer Conference

DRAFT Schedule of Events

Friday November 11, 2022				
8:30 - 10:45 am	Arrival and Registration - Register in the foyer of the conference area and pick up your conference bag. <i>*Don't forget to register for your mini-massage on Saturday afternoon</i>			
Starts at 1:00pm through 4:00pm	Opening Ceremonies for the 23rd Annual Breast Cancer Conference			
	Keynote Speaker - Geoff Eaton, Executive Director & Founder of Young Adult Cancer Canada Meet and Greet - This is your time to meet and connect with your fellow participants Circle of Friends - our own special way to get to know fellow participants Ribbon Ceremony - to recognize each participants' journey			
	Healing through Movement - Lisa Hall & Elaine Dunphy			
4:00 - 4:15pm	Celtic Fiddlers - Enjoy the Celtic Fiddlers in the conference foyer before dinner			
5:45 - 6:15pm	Dinner			
6:30pm	Speakers to include fellow survivor participants			
	Music & Mingle in the Courtyard with pianist, Wade Tarling following Dinner			
Saturday November 12, 2022				
7:00- 7:45 am	Yoga with Christie Fahey - Room A			
7:30 - 8:45 am	Breakfast - Speakers: Scott Antle & Gregory Doyle (Eastern Health) to speak on changes coming up for cervical screening protocols			
9:15 - 10:15 am	Genetics & Cancer - Andree MacMillan, MS, CCGC, CGC, Genetic Counsellor, Eastern Health			
10:25 - 10:35 am	Stretch break - Morgan Dinn, Physiotherapist, Paradise Physiotherapy			
10:45 - 11:45 am	Self Care During Difficult Times - Gill Whelan, CEO & Founder, Whelan Wellness			
12:00 - 1:00 pm	Lunch and learn with the Canadian Breast Cancer Network			
	Room A	Room B	Room C	Room D
1:00 - 1:50 pm	Mental Health & Cancer Susan Green, MSW, RSW	Fear of Recurrence Dr. Sheila Garland, PhD, R Psych	Breast Reconstruction Dr. Shane Seal and Dr. Arthur Rideout	Managing Lymphedema Jean Ann Ryan, RN and Ann Marie Coady, RN
1:00 - 3:00 pm	Coffee Break		Coffee Break	
2:00 - 2:50 pm	Finances & Cancer Jackie McCann-Scott, Financial Advisor Lupin Planning Group	Nutrition and Cancer Amanda Janes, Registered Holistic Nutritionist & Breast Cancer Survivor	After Care & Show and Tell Speaker TBD	Young and Diagnosed Speaker TBD
	Sexuality & Pelvic Health Cathy Daniels from Our Pleasures & Lori Ross - Pelvic Floor Physiotherapist from Paradise Physiotherapy			
4:00 - 5:30 pm	Massage Therapy - Make an appointment to receive a mini-massage with Massage Therapists from Paradise Physiotherapy			
4:00 - 5:30 pm	Set up a 10 minute appointment to meet with Jackie Mc Cann-Scott one on one for a question you have		Metastatic Meet Up - This is an opportunity to meet & connect with those with a Metastatic diagnosis	
	Gala Dinner			
6:00 - 6:45 pm	Join us on the Red Carpet to start our Gala Evening - Featuring Drag Artist, Barbara Bardot			
7:00pm	Dinner is Served			
8:00 - 10:30 pm	Speakers to include: Bonnie Morgan - Ovarian Cancer Survivor Lynette Hillier, Executive Director - Cancer Care Foundation Presentations with NL Breast Cancer Conference Donors			
	Gala Entertainment featuring Bic and the Ballpoints			
Sunday November 13, 2022				
8:00 - 9:00am	Breakfast			
9:00 - 10:00 am	Spiritual Ceremony in the Courtyard - a time to reflect and remember			
10:15 - 11:30 am	Healing / Laughter with Gerry Dooley - Ending the conference with laughter!			